mha
Live later life well

Pennystone Court care home



Dementia, residential and short-stay care in Blackpool

The care home with the *caravan*

When you first visit Pennystone Court, it isn't the sights and sounds of the seaside that will stay with you, despite the short stroll to the seafront. It's probably not the design of the home either. Lovely though it is.

Instead, it's the spirit of positivity and warmth that permeates our home, with a mantra to 'make great things happen', no matter what it takes.

It's this positive outlook that has created a home filled with uplifting stories, energising people, and amazing achievements. It's the reason you can feel such a strong sense of togetherness. Because when there's an idea or opportunity to make later life better for residents. It happens.

That's the easiest way to explain why there's a caravan where residents can relax and reminisce. It's the reason the home has won multiple awards. It's why there's a vintage sweetshop. A truly immersive and innovative sensory room. And so much more.

It's because of the people who call this home their own – the community, the team and the residents together, working to make life better.



Our much-loved (and award-winning) manager, Lisa, explained:

> I think there's a real desire to make things happen here. Born from a sheer love and determination to give our residents the best. I often ask myself – how would I want my mum or dad to be cared for? The answer to that question guides absolutely everything we do.













You can't *mistake the mint*

There are two sides to the gardens at Pennystone Court. Each equally enchanting.

On one hand is the sensory garden with its raised beds and planters flowing with herbs and lavender. A stroll through this section of the grounds comes accompanied with the buzzing of bees and the floating aroma of mint as you brush by.

There's the greenhouse too, and its annual treasure of strawberries and tomatoes that are welcomed into our care home kitchen and onto the tables of residents. There's pots and troughs overflowing with flowers, often tended by our residents, and usually finding their way onto a welcoming windowsill inside Pennystone Court.

The other side of our garden has a wilder feeling. Four bird tables are frequented by local robins and swallows, offering ideal viewing for residents, either from the comfort of their bedrooms, or from the spacious summer house occupying a quiet space nearby.

It's here that you'll find Joyce's Garden. A lovingly maintained tribute to a much-loved resident, and a space that bursts with the colour and scents of roses and hydrangeas.

Now let's talk about the caravan. Far from being an act of folly, Pennystone Court's iconic caravan was fundraised with the local community, to create a space for childhood reminiscence, quiet contemplation, raucous friendship, quizzing, gaming and sing-alongs. It's a small space that brings a huge amount of joy.

A passion for *pavlova*

You can taste the care at Pennystone Court. And that's never more apparent than in our chef's famous pavlova. Huge mounds of fluffy meringue are stuffed with cream and fresh fruit, bringing joy to our residents and their guests.

Unfortunately, 'pavlova day' rarely brings the best etiquette out of people. A handful of spoons is all it takes before people get stuck in. So, we forget about the plates.

As you'd expect, the menu is shaped around the ideas and preferences of our residents. With quarterly review meetings giving everyone the opportunity to make their mark on mealtimes.

These reviews have led to all manner of adjustments. From the introduction of special tasting menus to the protection of firm favourites such as 'fish and chips Friday', made extra special thanks to the beer-battered fish, and the cod courtesy of our local fishermen in Fleetwood.

Traditional favourites are firmly respected amongst the residents of Pennystone Court. It's why Sunday roasts, sticky toffee pudding, apple crumble, and jam sponge remain unchallenged on our otherwise changing menus.



What you can expect at Pennystone Court:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche.

All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.





Support that *speaks for itself*

Our recently refurbished 36 en-suite bedrooms are split between residential and dementia care, almost all of which enjoy generous views across one of Pennystone's two gardens. But beyond the comfortable bedrooms and award-winning care, the home's facilities are truly second to none.

There's the vintage sweet shop in the lounge, skilfully run by local volunteers. The reminiscence room to take you back to your childhood. There's the sensory space with its massage chairs, soothing lighting, large screen, aquatics and aromas – all combining to ignite and engage every sense imaginable.

Our Tiny Tablet is an important part of daily rituals, inviting all sorts of games and interactivity, whilst our IT suite means connections with family and friends can always be cherished and maintained. No matter where they might be in the world.

Let's not forget the amazing people of Pennystone Court.

It would be hard to find a team infused with such a family feeling, and so strongly united in their care and commitment for the people who live here. Perhaps that's why they've welcomed national awards. It's certainly why they stay together for so long… a number of our colleagues have devoted decades of their career to this care home.



> Mum has been at Pennystone for three months now and has settled so well. She is happy and entertained with excellent daily activities. I'm more than happy with the support she gets – the staff are amazing, helpful, and cheerful. It's made a very difficult decision so much easier for us, knowing she's happy and well looked after.
>
> **Family testimonial from carehome.co.uk**

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Spacious en-suite bedrooms with call system.
- Dedicated chaplain for spiritual support or private reflections.
- Hairdressing salon for care and pampering.
- Comfortable lounges and communal areas.
- Landscaped gardens with veranda and summer house.









Someone find the *Ninky Nonk*

Visits from our local nursery are always a highlight for the residents of Pennystone Court. In a matter of minutes, the lounge can suddenly and joyfully transform into a chaos of colour as residents and toddlers zoom cars across the room, play instruments together, make imaginary phone calls to each other, or sit and make a mockery of their age gaps as they enjoy toys and games with equal exuberance.

Aside from all the inter-generational joy, other much-admired visitors include Tilly – otherwise known as ‘Tilly Trotters’. A visiting chihuahua who becomes the home’s universal objection of affection whenever she makes an appearance.

Pet therapy takes place at least once a week, courtesy of Deano the poodle. Visiting zoos attend our home several times a year… sometimes cuddly, other times scaly. And always under the cautious gaze of our resident hamster, Penny, who begrudgingly accepts the visiting competition, for the sake of our residents.













Here *for you...*

Whether you're searching for yourself or a loved one, for short stays, residential or dementia care, our team at MHA's Pennystone Court will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:

01253 752307 **pennystonecourt@mha.org.uk**

Proud
to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.

mha.org.uk/pennystonecourt


mha

Get in touch

Pennystone Court care home

Handsworth Road, Blackpool FY1 2RQ

01253 752307

pennystonecourt@mha.org.uk

© 2024. Methodist Homes (MHA) is a Registered Charity in England & Wales (No.1083995). Company limited by Guarantee (No. 4043124). Registered Office: MHA, Epworth House, Stuart Street, Derby DE1 2EQ. Published: 2024.

BRO_J014143_1224

mha
Live later life well